



## ACCESSORIES

### PREGNANCY CUSHION

The pregnancy cushion I set comprises two torso sections, layered and shaped to accommodate and support the breasts and abdomen in comfort. Angled side wedges allow the cushions to be raised as the pregnancy progresses. The adjustable face crest ensures perfect positioning for the head and neck, whilst the knee bolster takes pressure off the lumbar region. Set includes backpack style bag for mobile therapists.

COLOUR	Black
CODE	TA002
PRICE	\$400



### CHEST SUPPORT

These cushions are specifically designed for women when laying face down on a table. They provide an extra level of comfort and support for the female body and help to relieve pressure and stress to the breasts and lower abdomen. Perfect for post surgery treatments too.

COLOUR	Black
CODE	TA005
PRICE	\$70



### NECK SUPPORT

The contoured neck cushion cradles the neck and keeps the upper vertebrae aligned during treatment. The nape bolster also carries out this function and its small size means it is also useful to support the arms.

COLOUR	Black
CODE	TA035 (contour) TA034 (nape)
PRICE	\$44 (contour) \$33 (nape)



### LEG BOLSTERS

These massage table bolsters are great support cushions for manipulative and massage therapy. Use as a positioning aid for improved access or simply improve client comfort by positioning under the knees or ankles to align the vertebrae and relieve lower back stress.

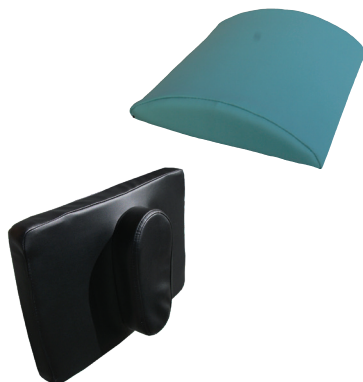
COLOUR	Black, Charcoal, Desert Sand, Navy
CODE	TA031 (ankle) 66 x 15 x 13cm TA032 (knee) 66 x 22.5 x 11cm
PRICE	\$55



## SUPINE HEADRESTS

Supine cushions replace the face crest cushion when your client is in the supine position. The supine headpad provides a pillow for the clients head whilst still providing good therapist access to the neck. The cushion plug fills the facehole in your table and provides a comfortable pillow on top.

COLOUR	Black, Beige
CODE	TA024 (headpad) 28.5 x 24.5 x 7cm TA004 (cushion plug) 38 x 26 x 4cm
PRICE	\$55 (headpad) \$33 (cushion plug)



## FACE CUSHIONS

The vinyl face pad and fabric washable face hole cushion provide that little bit of extra seamless padding around the face hole in your table, increasing client comfort. The Face Pad is upholstered for easy cleaning with a 4cm foam filling. The Washable Face Hole Cushion has a 0.75cm thin foam backing with a fabric face and can be machine washed. Pack of 2. Available in Black only.

COLOUR	Black, Charcoal, Desert Sand, Navy
CODE	TA013 (face pad) TC029 (washable)
PRICE	\$33.00 (face pad) \$16.50 (washable)



A full range of covers are available for all bolsters & cushions, refer to website for details.

## WHEAT BAGS & HOT/COLD PACKS

Wheat Packs can be warmed in a microwave to provide soothing heat before, during and after treatment. Choice of two shapes/sizes. Enhance the relaxation experience with a linseed and lavender Eye Pillow. Cool in the fridge to soothe tired eyes. Choice of four colours; cyan, pink, black & gold.

The reusable Hot/Cold Gel Pack can be used for both hot and cold therapy. Boil, microwave or freeze to reach a maximum temperature of 60oC or a minimum of -13oC. The Ice Bag has a waterproof case and leak proof lid, a must have for the first aid box and sports events.

MA011	Eye Pillow	16.50
MA009	Square Wheat Bag	40.00
MA010	Rect. Wheat Bag	26.00
MA029	Reusable Hot/Cold Gel Pk	8.00



## SPA WRAP & HEADBAND

These spa wrap gowns and matching headbands add a nice professional touch to your clinic. Protect your client's modesty in this one size wrap with elastic and vecro fitting. The deluxe terry fabric is soft, comfortable and machine washable. Available in Navy & White.

CODE	TC106 Spa Wrap Gown TC107 Spa Headband
PRICE	\$32.95 Gown \$6.00 Headband





# ACCESSORIES

## DELUXE COVERS

All of these cosy covers suit rectangular tables.

The faux fleece is machine washable and adds warmth and softness to your table.

The electric table warmer keeps clients comfortably warm during colder months.

The padded table topper brings total comfort, softness and luxury to your massage table.

TC034	Fleece Table Cover	65.00
TC035	Fleece Face Crest Cover	16.50
TA030	Electric Table Warmer	80.00
TC109	Table Topper	70.00



## FITTED TABLE COVERS

Deluxe towelling has a wonderfully velvety tactile quality and stands up to the rigours of constant machine washing. Covers help protect your table from damaging oils, perspiration, perfumes and cosmetics. Refer to table brochures for sheets to suit specific tables. Available in 6 colours.

TC026	Terry Towelling Sheet with Face Hole	40.00
TC032	Terry Towelling Sheet No Face Hole	40.00
TC016	TT Face Crest Cover	11.00

**NEW!** Minky table covers, the ultimate in soft and cosy. Available with or without a face hole in Natural colour only.

TC110	Minky Face Crest Cover	10.00
TC002NH	Minky Sheet No Face Hole	32.95
TC002FH	Minky Sheet with Face Hole	32.95



## DISPOSABLE COVERS

Great for the busy therapist to accommodate clients in quick succession. These paper covers remove the inconvenience of washing and folding linen. Extremely convenient and hygienic for any practice.

TC014	Disp. Crest Cover Lg Pk/100	20.00
TC104	Disp. Face Crest Overlay Pk/100	27.00
TC005	Disp. Face Hole Cover X-Cut Pk/100	27.00
TC040	Disp. Fitted Crest Cover Sm Pk/50	27.00
TC037	Disp. Fitted Sheet Pk/10	20.00
TC038	Disp. Table Cover Roll 40m	27.00
TC039	Table Roll Holder	38.00
TC006	Disp. Waterproof Sheet Pk/10	20.00



## FLANNEL COVER SET

100% cotton flannel sheet set comprising a fully elasticated no face hole fitted sheet, flat drape sheet and face crest cover. These fitted covers are double napped for an extra level of softness and comfort. Available in Black or Natural.

TC044	Flannel Sheet Set	60.00
-------	-------------------	-------



## AP MASSAGE TOOLS

The Back Massage Cane makes self massage easy on those hard to reach areas. Hook over the shoulder or under the arm to apply pressure to muscles of the back or neck. Manta Knobbers are a handy massage tool that feel good down the spine and the small balls are good on pressure points. Poltech Thumbsavers will bring an end to fatiguing thumbs and finger and wrist pain during massage. Reflex Balls massage the skin and muscles using the 230 raised points on the balls surface, increasing blood flow and relieving muscle tension. The Therapist Thumb could be the best massage tool you've ever used. It allows you to give deep tissue and trigger point therapy without straining your thumb.

MA025	Therapist Thumb	16.50
MA007	Manta Knobber	11.00
MA024	Back Massage Cane	55.00
MA006	Reflex Balls (4 sizes)	from 8.95
MA023	Poltech Thumbsavers	24.00



## BEECHWOOD MASSAGE TOOLS

A Massage Knobler gives your hands more power when you need it. It's helpful in applying precise pressure to soft tissue trigger points. Cradled comfortably in the palm it leaves the fingertips in touch with the body to gauge pressure.

Explore new possibilities in injury rehabilitation and trigger point therapy with the Press Bar. The T-bar design will help you achieve greater depth and save your hands. The large rounded tip is great for sustained broad pressure in larger muscle groups making it ideal for deep hip and gluteal massage.

MA027	Massage Knobler	11.00
MA008	T Press Bar	16.50



## EQUIPMENT TROLLEY

These handy Equipment Trolleys are great in the clinic for storing oils, towels, massage stones and heaters, in fact anything you need to hand during a treatment. They are on castors, so can easily be wheeled from room to room.

CODE	TA020 (Glass)
PRICE	\$190



## GIFT VOUCHERS

Your services are in high demand both from clients needing stress relief as well as from those wanting to purchase gift certificates, for friends, loved ones and colleagues. Our gift certificates can help you reach out to your clients, family and friends.

PM054	Peacock Pk/10	\$10.00
GV	Firm-n-Fold Store	\$ choose value



## PRO MASSAGE GUN

Our Pro Massage Gun is good for muscle activation, deep massage, fascia release, and relieving soreness and fatigue.

It's small and powerful, running up to 3200rpm, convenient and portable, at just over 500g, with a long 8hour run time.

It also features 6 speed levels, noise reduction technology and simple one button operation. Charging is by USB-C.

Includes charging cable, compact carry case and six massage heads to target specific areas of the body.

MA041	Massage Gun	99.00
-------	-------------	-------







## WHAT OUR CUSTOMERS SAY...

**Our products have been put to the test for over 30 years from the people who really know how to judge a table; massage teachers and professional practitioners. Firm.n.Fold is proud of its standing amongst these real professionals. Don't just take our word for it, read on to see what our customers say...**

We use and recommend Firm.n.Fold massage tables at the College. Their tables are high quality, sturdy and durable, we have tried others and they just don't compare. *Victoria Godfrey, College of Complementary Medicine.*

At our clinic we need a table that won't crack, squeak, groan, stick, or in any way give us cause for grief. We insist on friendly, accessible and honest service. I can unequivocally endorse Firm.n.Fold as superior to their competition on this basis. *Chris Masuak, Lane Cove Apothecary.*

**"I have been recommending Firm.n.Fold tables for at least 20 years! No massage table maker has come up to the standard and quality of Firm.n.Fold. These guys have their heart in making good practical massage tables at reasonable prices. If you want a good table, buy a Firm.n.Fold."** *Chris Catsanis, veteran Massage Therapist & Senior Lecturer.*

My Firm.n.Fold table travels with me around Australia and overseas as I work with sports professionals from the Association of Tennis Professionals, Iron Man competitions and the Association of Surfing Professionals. With up to six set ups a day, I appreciate a table which is so easy to handle and my clients often remark on its comfort. It's great! *Peter Slocock, Masseur.*

Total professionalism is the hallmark of my work and my choice of massage table is central to this philosophy. My Firm.n.Fold table is the best I can buy for my own comfort, and the comfort of my clients. It's easy to erect, light to carry and very stable. I practice a variety of massage and the table adjusts to suit my needs. It's a great table! *Mark Perrin-Jones, Cert. Massage Dip. App. Sc. (REM. TH)*

We insist on nothing but the best for our clients and Firm.n.Fold is not only the best quality but also the best price as well! *Belinda Fraser, Endota Spa.*

**"My Firm.n.Fold massage table is the best table I have used in my 22 years as a Remedial Massage Therapist and lecturer. I upgraded my table after 15 years of intensive labour and it paid for itself a thousand times over."** *Astrid Diericks, Dip. Rem. Massage, Manual Lymphatic Drainage & Reflexzone*

I highly recommend Firm.n.Fold massage tables as the best portable adjustable table I have used. *George Dragasevich, Chiropractor for the Australian Swim Team*

**"What a pleasure to have such fabulous and helpful service. I thank you all very much and have found your products and service wonderful over the last 16 years that I have been in business. I am so glad you are still there."** *Rosalind Simmons, AAMT.*

We have been using Firm.n.Fold massage tables in our clinic / college for the past 7 years. Our clients and students tell us they are the most comfortable tables that they have been treated on. Being strong and robust, the quality of the tables makes them very durable for long term use. *Mark Hunter, Fascial Kinetics School of Bowen Therapy*

Thanks Firm.n.Fold for your high standard massage tables and products, as a college (educating for 23 years) we have always used your tables. Our students love the new tables to work on for their comfort, quality and design. Great investment! *Catherine McInerney, Pregnancy Massage Australia*

**"Thank you for all of your help and expertise and your prompt service, I'll be the first to tell everyone how smoothly my purchase of the table went, and how friendly and professionally you have treated me, an absolute pleasure to deal with."** *Derilyn Oye, Massage Therapist, SA.*

