

# CUSTOM ORTHOTICS

## What Are Custom Orthotics?

Custom orthotics are specially designed shoe inserts tailored to support and align your feet based on your unique biomechanics.

## How Can Custom Orthotics Help?

They help relieve pain and improve function for conditions like flat feet, heel pain, and plantar fasciitis by providing proper arch support and redistributing pressure.



## Advanced 3D Laser Scanning Technology

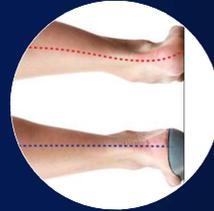
At our clinic, we use advanced 3D laser scanning technology to capture precise foot measurements, ensuring a perfect fit for your custom orthotics.

## For Further Information:

[Leadinghealthpodiatry.com.au/orthotics-adelaide/](http://Leadinghealthpodiatry.com.au/orthotics-adelaide/)



Plantar Fasciitis



Flat Feet



**REGISTERED  
NDIS PROVIDER**



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# SHOCKWAVE THERAPY

## What Is Shockwave Therapy?

Shockwave therapy is a non-invasive treatment that uses high-energy sound waves to stimulate healing, reduce pain, and improve blood circulation in injured tissues.

## How Can Shockwave Therapy Help?

This treatment is highly effective for conditions such as plantar fasciitis, heel pain, and Achilles tendonitis, helping to break down scar tissue and promote natural recovery.



## Shockwave Therapy at Leading Health Podiatry

We offer shockwave therapy as part of our advanced treatment options to help you recover faster and get back to pain-free movement.

## For Further Information:

[Leadinghealthpodiatry.com.au/shockwave-therapy-adelaide/](http://Leadinghealthpodiatry.com.au/shockwave-therapy-adelaide/)



Skin & Nail Care



Corn & Callus

# SWIFT WART THERAPY

## What Is Swift Wart Therapy?

Swift therapy is a cutting-edge, non-invasive treatment that uses microwave energy to target and destroy the virus responsible for warts, stimulating the body's natural immune response.

## How Can Swift Therapy Help?

This treatment is highly effective for stubborn plantar warts, offering a fast, safe, and pain-minimising solution with no need for injections or downtime.



## Swift Wart Therapy at Leading Health Podiatry

We offer Swift therapy as an advanced solution for treating plantar warts, helping you achieve clear, healthy skin with minimal discomfort.

## For Further Information:

[Leadinghealthpodiatry.com.au/swift-wart-treatment/](http://Leadinghealthpodiatry.com.au/swift-wart-treatment/)



Fungal Nail Infection



Diabetic Foot Assessment

# INGROWN TOENAIL SURGERY

## Ingrown Toenail Surgery for Permanent Relief

Ingrown toenail surgery is a safe and effective procedure designed to provide long-term relief from painful, recurring ingrown toenails. This minor surgical treatment involves removing part or all of the affected nail under local anesthesia to prevent further irritation and infection.

## How Can Ingrown Toenail Surgery Help?

Ingrown toenail surgery provides permanent relief by removing the nail and applying a chemical to prevent regrowth, offering quick recovery and minimal discomfort.



## Ingrown Toenail Surgery at Leading Health Podiatry

We offer in-house ingrown toenail surgery, ensuring a comfortable and professional experience to help you walk pain-free again.

## For Further Information:

[Leadinghealthpodiatry.com.au/ingrown-toenail-surgery/](http://Leadinghealthpodiatry.com.au/ingrown-toenail-surgery/)



Heel Spur



Heel Pain in kids