

# WRINKLE/MUSCLE RELAXANTS

Muscle relaxing injections are a quick and effective non-permanent solution to minimising existing and preventing the formation of forehead lines, frown lines between the eyebrows, crow’s feet and ‘bunny lines’ on the nose, as well as improving a down-turned smile and marionette lines. They can even reshape the eyebrows by adding a flare or an arch.

These injections can also soften vertical neckbands and smooth the contours of an ageing jaw line. In addition, they can also reduce a square-shaped jawline to a slimmer-looking, heart-shaped one, as well as minimise upper lip lines and even lower a “gummy” smile.

In the hands of our skilled aesthetic nurse specialists these popular and simple treatments provide very natural-looking outcomes.

Results usually last 3-4 months and may last longer over time.

# DERMAL FILLERS AND LIP ENHANCEMENTS

Due to genetic factors, sunlight, facial expressions, habits and stress, the inevitable signs of ageing take their toll on our skin. These signs of ageing often take the form of lines and the loss of youthful facial contours: the skin sags, wrinkles and folds start to form, a flatter mid-face and heavy- looking lower face start to appear.

You can easily and quickly rejuvenate your appearance in as little as one or two appointments.

Dermal fillers can smoothe lines and creases and restore youthful volume to the cheeks and mid-face.

Lip borders that have become creased can be redefined, and especially those annoying vertical lip lines benefit from this treatment. Plumping up the “pink” of the lip is a popular solution to naturally thin or ageing lips.

The most popular fillers are made of a naturally occurring substance already present in our skin, hyaluronic acid. These fillers vary in strength and duration, and the appropriate type(s) will be selected for you to consider.

Injections of hyaluronic acid-based filler are placed precisely where they are needed, ensuring a smooth and undetectable correction. The injected filler gradually breaks down and is absorbed by the body in a completely natural process. Hyaluronic acid-based dermal fillers need topping up only 1 to 2 times a year, and volumising fillers may last up to 2 years.

Another type of dermal filler is made of natural substances: calcium and phosphorus and can be used for deep lifting, including cheek, mid-face and jaw enhancement, or smoothing out a bumpy nose. It provides results for 12-18 months and often longer, in some cases.

# DERMAL STIMULATION

Over time our skin loses its natural elasticity and it’s supporting fat pads, causing an almost deflated appearance to the face. Dermal stimulation is a unique facial enhancement treatment that helps the skin regain a firm and youthful tone.

After the injection of a formulation of lactic acid as its main ingredient, you simply stimulate the dermis by

massaging the treated area at brief intervals throughout the day for up to a week. During the following 8 weeks the dermal cells are activated to produce new collagen and renew more rapidly, resulting in the stimulation of fuller, smoother looking skin.

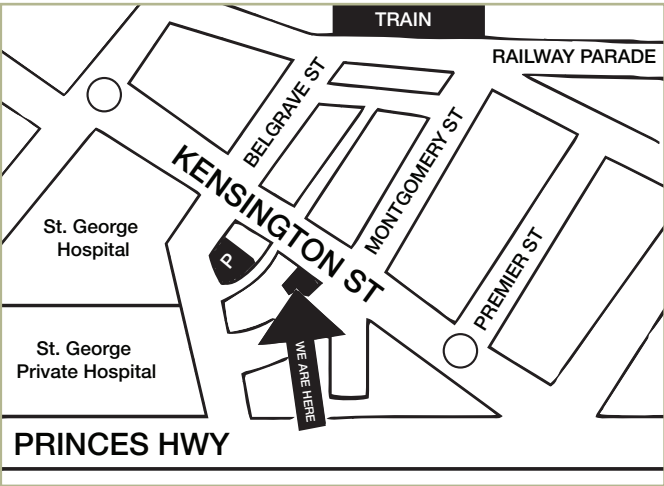
This process is to be repeated 2 to 4 times, at approximately 4-8 week intervals, to slowly and subtly achieve fuller facial volume and a smoother appearance. These results usually last for 18-24months.

# SCLEROTHERAPY

Spider veins are the eye-catching splotches of purple-pink capillaries on the face or legs that can occur as a result of a hereditary predisposition to broken capillaries and/or varicose veins. This genetic tendency, coupled with an elevated oestrogen level (due to pregnancy, birth control pills or the use of hormone replacement therapy), professions that require prolonged periods of standing and/or individuals carrying excess weight, will often dictate who will be troubled by spider veins.

The treatment of spider veins is a simple process: a mild sclerosing fluid is injected into the capillaries using a very fine needle, causing the vessel to break down over several weeks, like a bruise that reabsorbs. The process is repeated until the spider veins have completely disappeared.

Generally, 3 to 4 sessions at 4-week intervals will achieve a dramatic correction in the appearance of spider veins. Most people do not need to wear support stockings and can resume normal activity, avoiding aerobic exercise on the day of treatment. While these capillaries will disappear, due to the genetic predisposition new ones will always be encountered over time.



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