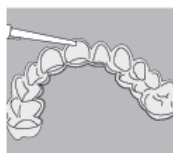


pola

Whiter. Brighter. You. *for life*



How to use the Pola Take Home Whitening System



1 Place a small drop of gel into every compartment of the tray for the teeth undergoing treatment.



2 Seat the tray, with the gel, around the teeth.



3 Wipe away excess gel in mouth with a tissue or dry soft brush.



4 After treatment, remove tray. Rinse tray and mouth with lukewarm water.



5 Brush teeth.

Tray wear times:



poladay 3%	2 or 3 X 30 min/day OR 1 X 60 min/day
poladay 7.5%	1 or 2 X 30 min/day OR 1 X 45 min/day
poladay 9.5%	2 X 15 min/day OR 1 X 30 min/day
poladay CP 35%	1 X 15 min/day



polanight 10%	2 hrs to overnight
polanight 16%	90 min to overnight
polanight 22%	1 X 45 min/day

SDI

Your Smile. Our Vision.

www.sdi.com.au
www.polawhite.com.au

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