

# What is fusion

***Fusion Physiotherapy represents the modern blend of traditional physiotherapy techniques, current research and new concepts that fuse to reflect a multitude of treatment options and approaches.***

- ✓ You get efficient & accurate diagnosis to direct effective management
- ✓ Treatment targets your main concern & addresses your goals
- ✓ We educate you so that you understand your problem & the steps required to get results
- ✓ We work towards full sustainable recovery by addressing the cause of your pain
- ✓ Satisfied clients are the keys to our success

***Fusion is a boutique health facility offering a unique experience in both the beautiful surroundings and superior level of service***



## Injury **Solutions**

- Pain Relief
- Diagnosis
- Therapeutic Massage
- Dry-Needling

## Exercise **Solutions**

- Clinical & therapeutic
- Pilates
- Aquatic physio & Ai Chi
- Exercise Physiology

## Movement **Solutions**

- Biomechanics
- Gait Analysis
- Clinical Pilates
- Dizziness & Balance

## Health **Solutions**

- Nutrition & Exercise
- Rehab Gym
- Pilates Studio
- Education

*When you present to us with your problems we'll help you find the **SOLUTION** that meets your goals*



# physiotherapy

Physiotherapists are university trained health professionals with skills in diagnosis, injury management, exercise prescription and manual therapy.

Our physios all have advanced levels of training, specific skills and many years of experience. As such they can draw upon a variety of techniques to help you achieve the result you're looking for.

## Personal

At Fusion Physiotherapy we are committed to **optimising your health** and well-being for life. We believe that knowledge is power, and so we aim to educate you so that you can make good choices about your long-term physical health.

We provide symptomatic relief of your pain, but most importantly, we look for and address the cause(s) of your problem, thereby creating long-term change.

We can continue to be a point of reference and support for you and your family through life.





**fusion** allied health provides the avenue for premium like-minded health professionals to operate a quality multi-disciplinary service.

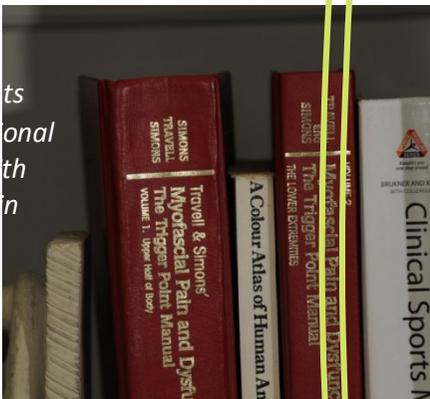
**DISCIPLINES**

- Physiotherapy
- Podiatry
- Remedial Massage
- Exercise Physiology
- Aquatic Physiotherapy
- Occupational Therapy

**SERVICES**

- Pilates
- Falls & Balance
- Rehab Gym
- Home Visits
- Hydrotherapy
- Ai Chi Meditation
- Work Conditioning
- Strength Training
- Education
- Personal Training
- Back Care

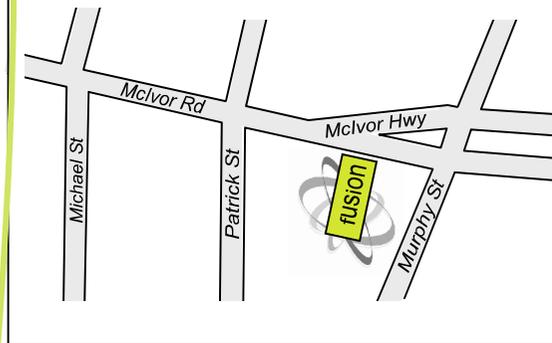
**fusion** represents the blend of traditional health concepts with modern advances in technique and approaches.



**APPOINTMENTS**

To make an appointment for any of our services please call our reception staff between 9.00-5.00 Monday-Friday.

Appointments outside normal working hours are available.



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