

What skills can riding offer?

Confidence

Working with large animals and learning how to be in charge can create a big confidence lift for people of all ages.

Social Skills

Learning how communicate clearly with horses transfers to interpersonal communication.

Responsibility

Learning to care for a horse teaches riders how to respect and nurture animals.

Physical coordination

Coordination is a big part of riding, with the ability to maintain balance as well as separate use of legs and arms to communicate with the horse.

Challenge and Determination

Horses have their own minds and learning to convince a horse to do as a rider asks encourages determination.

Patience

Teaching horses new skills or working through problem issues requires good patience skills

At the National Equestrian Centre we believe that there is much more to riding than sitting on a horse. We incorporate horsemanship and handling techniques into all our lessons so riders are gaining greater confidence with horses and becoming 'Horse people' not just riders.

All lessons at the National Equestrian Centre begin with a private lesson. This ensures riders gain the confidence and skills required to achieve the best start possible to riding. All group lessons are conducted with riders of the same level to ensure maximum benefit to riders whilst maintaining safety in the lessons

Our Stages program incorporates training of riders, horses and coaches. Each stage has particular achievement goals and both horses and coaches working in each stage are assessed to ensure riders are able to learn the skills in a safe environment. Lessons cover a variety of skills including jumping, trail riding, dressage and horsemanship.

For accomplished riders we can offer individual lessons to work on any particular areas of interest or on any specific horse or rider problems.

The National Equestrian Centre has developed a Rider's Handbook to help riders work through our Stages Program in a structured fashion, including practical skills and theoretical knowledge.



**NATIONAL
EQUESTRIAN
CENTRE**
K·E·R·R·A·B·E·E

*Enjoyment in learning through
quality in horsemanship*

CONTACT US ON
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ACT 2611

Lesson Packages

The National Equestrian Centre offers a variety of discounted packages for riders.

Starter Package 1 includes:

- 3 Private lessons
- 2 Group lessons
- A pair of Riding Boots
- A Hoopick and Riding Crop
- The Stages Riding Program: Rider's Guide
- Calico signature carry bag

Starter Package 2 includes:

- All of the above
- PLUS a Riding Helmet.

10 Group Lesson E-Vouchers

Ten lessons pre-purchased at a discount rate

Junior Riders

We cater for junior riders (under 8yo) with our Junior Rider lessons. These are a great way to introduce younger children to riding. Enjoy a privately 30 minute led ride with a NEQC coach. Coaches will cover general riding and ground skills to encourage confidence and concentration in juniors.

Trail Rides

Enjoy a scenic 45-50 min trail ride; we also have 2 hour, half day and full day rides. Trail rides are a great way to enjoy a peaceful ride and still socialise with friends. All trail rides are guided by one of our riding coaches. Bookings are essential.

Agistment

Group Paddocks, Stables (with day paddock), and Shelter Yards.

All agistment includes use of the facilities.

Full Board and Partial Board facilities available

Camps

We run holiday camps each school break. Camps are four days (with an optional fifth day). Camps run 9am -5pm. Riders learn about horse care, theory in riding and horsemanship and have two riding sessions a day. Bookings are essential.

Birthday Parties

The National Equestrian Centre can be a great place for a birthday party. We have several options with either led pony rides or a vaulting session including games. We can provide a coach to coordinate games for the kids and have facilities available for a picnic or hamper lunch.

Competition Participation

The Centre offers riding clients the opportunity to compete in competitions at the Centre and open competition in the ACT/NSW.

We regularly take teams to One Day Events and Dressage Competitions.

To participate in competition, riders need have regular lessons at the centre and be at an appropriate level for the competition.

Facilities

The National Equestrian Centre has excellent facilities including an international standard indoor arena. This allows all our activities to be conducted in all types of weather and all year round. The Centre also has two outdoor riding arenas and country for trail riding. We also have jumping facilities, both showjumping and cross country.

Events

Kerrabee is host to a number of events throughout the year. These include gymkhana, showjumping competitions, one day events and dressage days. These are all available for riders at the National Equestrian Centre to compete in.

Vaulting

Vaulting has been incorporated in the program at the National Equestrian Centre since it was established. We believe that vaulting can help improve the confidence and skills of all riders. The National Equestrian Centre is also one of the top competitive vaulting groups in Australia with many representatives travelling to compete internationally.

Gift Vouchers

Gift vouchers are available for purchase for any of our programs.

Please call the Centre office for more information on any of the above and to make a booking.