

Which is better a manual or electric toothbrush?



With hundreds of toothbrushes on the market, you've got to wonder, which is really the best toothbrush to buy - manual or electric?

The best toothbrush that you can buy is the one that you will actually use. That's it. Yes, it's really that simple.

While both electric and manual toothbrushes have some pros and cons, the bottom line is which one you will use.

Our Recommendations

All toothbrushes whether manual or electric, should have a small head with soft bristles. Peter has personally tried a variety of electric toothbrushes to see which gave a better clean and his vote goes to the Philips Sonicare.

The sonic technology delivers 30,000 strokes per minute, creating a dynamic cleaning action which gently provides an invigorating clean. It also has 5 brushing modes so the settings can be personalized.

Philips Sonicare has just launched the sonicare for Kids.

The Sonicare For Kids is a gentle, yet effective way of brushing your child's teeth, for the ages 4-10 years old, the Sonicare for Kids features fun musical tones indicating when it is time to move to another quadrant of the mouth. With replaceable heads available and the same sonic technology as the adults version the whole family can finally get that thorough full mouth clean feel. The replaceable heads are interchangeable - meaning your child can have their own head on your handle.



• **PORT MACQUARIE**
133-137 Gordon St
Phone **6583 3533**

• **WAUCHOPE**
51 Hastings St
Phone **6585 2015**

WWW.SUNDIALDENTAL.COM.AU