



Sciatica Pain Relief



Camira Springfield Chiropractic provides treatment for their patients that require relief from a sciatic related symptom.

What is Sciatica? It is pain in the lower back resulting from irritation of the sciatic nerve. The pain of sciatica is typically felt in the lumbar area behind the thigh and radiating down below the knee. The sciatic nerve is the largest nerve in the body and begins from nerve roots in the lumbar spinal cord in the low back and extends through the buttock area to send nerve endings down the lower limb. The pain of sciatica is sometimes referred to as sciatic nerve pain.

What are the causes of sciatica? It is most commonly a result of a lumbar disc herniation directly pressing on the nerve, any cause of irritation or inflammation of the sciatic nerve can reproduce the symptoms of sciatica. This irritation of nerves as a result of an abnormal intervertebral disc is referred to as radiculopathy. Aside from a pinched nerve from a disc, other causes of sciatica include irritation of the nerve from adjacent bone, tumours, muscle, internal, infections, injury, and other causes. Sometimes sciatica can occur because of irritation of the sciatic nerve during pregnancy.

Dr Paul Nothdurft is a qualified chiropractor who is an expert in this field, and can provide treatment and guidance on overcoming this painful experience. To make an appointment please visit our [Contact Us](#) page.