Post-Operative Instructions For Root Canal Therapy at Avenue Dental

The following instructions are to give you a better understanding of the procedure that was carried out on your tooth today.

Root canal therapy is the only way to save a tooth where the dental nerve has been irreversibly damaged or infected.
The "nerve" is the most delicate part of the tooth, and when it is removed there will be some short term and long term consequences.

SHORT TERM

1. Due to inflammatory responses in the ligament which holds your tooth in the socket you are likely to experience some pain and tenderness to pressure when the local anaesthetic wears off. This can be controlled with painkillers and improvement should be experienced in 24 to 48hours. If improvement is not evident, you must contact the practice.

2. After 24 hours, if your root filled tooth feels to be protruding or 'high' when you bite or chew, please contact the practice.

3. Normal brushing and flossing should be resumed the day following treatment unless you receive separate instructions by the dentist.

4. In rare circumstances, people may experience sever pain, swelling or

infection after a root canal treatment, which may require hospitalisation. Unfortunately this pain can persist for weeks.

LONG TERM

1. Root canal treatment requires the creation of an access pathway in to the nerve. This inevitably weakens the structure of the tooth.

2. With front teeth there is often sufficient strength so that a crown is not always necessary. However, because of the high load experienced by back teeth they have a very high incidence of fracture unless strengthened with a crown. If left to fracture often the tooth cannot be saved and the money spent on the root canal therapy will be wasted.

3. If you have been informed that a crown is required in your case, make sure your food is chewed away from the affected area until the crown can be completed to prevent breakage.

For further information please contact Avenue Dental.

http://www.avenuedental.com.au/contact-us/