What is microdermabrasion?

ClairDerm microdermabrasion, sometimes called the 'lunch time peel' is a non-invasive, gentle process of using crystals accelerated onto the skin's surface to abrade layers of dead and damaged skin cells. On completion of the abrasive process, a vacuum suction whisks away the fired crystals and the unwanted abraded skin particles leaving your skin smoother, brighter, firmer and with a course of procedures blemish free.

What benefits can I expect to achieve through having ClairDerm procedures?

You will see an immediate visible result of youthful brilliance, and an illumination of dull and stressed looking skin even after one procedure of ClairDerm microdermabrasion. However a program will be advised depending on your skin's condition and aesthetic goals. A ClairDerm program helps maintain an even brighter, clearer, firmer and healthier looking skin.

How do care for my skin after a ClairDerm microdermabrasion?

ClairDerm microdermabrasion increases microcirculation, bringing nutrients to the skin and improves greatly the appearance of all imperfections. Regular ClairDerm procedures offer exceptional opportunities for skin with an increase in penetration of homecare creams and serums by 4 - 5 times more than skin not treated with ClairDerm. Your practitioner will recommend a professional cosmetic maintenance program, which will include an appropriate SPF30, a pH balancing cleanser and a clinical strength, quality range of Vitamin A or AHA home care products.



Why is the ClairDerm system better than conventional microdermabrasion?

ClairDerm microdermabrasion focuses on safety, hygiene, comfort and flexibility of procedure. Unlike conventional microdermabrasion ClairDerm allows your practitioner to offer you either a very gentle or a more powerful microdermabrasion procedure. ClairDerm microdermabrasion incorporates the highest industry standard for hygiene with all disposable consumer applicators.

How will the ClairDerm microdermabrasion procedure feel on my skin?

Your ClairDerm microdermabrasion procedure is hygienic, painless and safe, and the procedure can be customised for your special skin concerns, scheduled in between working hours without any inconvenience or immobilisation and on completion you can apply light makeup. Any slight redness you may experience depending on the strength of procedure chosen by your qualified practitioner will fade within one to twenty-four hours.

Are there any precautions that I must take while undergoing a ClairDerm microdermabrasion procedure?

It is recommended that you refrain from any invasive procedures if you are having a deeper ClairDerm microdermabrasion procedure unless advised by your practitioner. Waxing is not recommended 2 days prior to or for at least 7 days after the ClairDerm microdermabrasion procedure. We strongly advise against the use of sun beds and swimming in heavily chlorinated water for at least 2 weeks after the ClairDerm microdermabrasion procedure has been performed.

ClairDerm procedure protocol:

ClairDerm Consultation Schedule

Date/Time: Consultant:	Your next Consultation		ire	1	Date/Time:	Your Next Consultation		седі	Consultant:	Date/Time:	Your Next Consultation		De	ClairDerm procedure protocol:	Consultant:	Date/Time:	Your First Consultation	V7 P