# HYPERHYDROSIS (SWEATY ARMPITS)

The embarrassment of sweaty armpits, stained clothes and the limitations of wearing certain fabrics and colours can also be banished. With the strategic placement of muscle relaxing injections, excessive sweating and odour are effectively controlled, on average, for up to 10 months or longer.

### SKIN REJUVENATION: INTENSE PULSED LIGHT (IPL)

This well-recognised light-based technology uses combined energies to effectively and gently restore and rejuvenate the appearance of your skin while stimulating collagen formation. This treatment fades the appearance of brown and red colored skin imperfections caused by the sun, smoking and age related conditions, as well as the generalised redness due to associated rosacea.

Common areas treated are those most exposed to the sun, such as the face, neck, chest, shoulders, arms and hands. Usually, 1 to 2 treatments at 4 week intervals are sufficient to see dramatic results. Additional treatments maybe required for darker spots, densely freckled areas or excessively sun damaged skin.

#### COOLGLIDE ND YAG LASER

This amazing Vascular Laser is used for a more focal treatment of stubborn vessels. It treats the smaller spider veins precisely and predictably. Other conditions that can be treated are cherry angiomas (small or large red spots that are flat or raised). Face and leg veins, patients with dark, light or tanned skin can also be treated.

## LASER GENESIS ND YAG LASER

Laser Genesis produces rapid pulses of infra-red laser light. This results in the heating action of the dermis causing the stimulation of new collagen and elastin fibers to be formed. The selected areas treated will appear tightened and firmer, reducing fine lines and pore size and produce an overall improved skin texture.









Left to right: before and after Laser IPL/ Muscle Relaxants/Dermal Fillers

#### PHILOSOPHY OF PRACTICE

The Aesthetic Nurse Specialists at Aesthetic Day Surgery endeavor to provide, first and foremost, *natural-looking* results, in a professional medical environment, with great care and concern for your comfort.

While listening to your specific needs, they will also provide a comprehensive discussion of the most appropriate treatments, from the simplest non-invasive procedures requiring maintenance to the long-term results offered by surgical outcomes. During your initial consultation, they will provide an appropriate plan of treatment specifically suited to your budget and lifestyle.

Our Aesthetic Nurse Specialists have confidence and integrity, as well as pride and passion for their work, and are recognised by their peers as leaders in their field.

#### PARAMEDICAL SKINCARE

Jan Marini Skin Research

"The Jan Marini Skin Research Skincare
Management Program is a results-oriented daily
regime intended to produce measurable benefits.
The products are designed to refine the roughened,
dull outer layer; improve the appearance of the
skin's texture and tone; and protect against future
damage and visible deterioration." Only available
through physicians and skin therapists, our team will
help you design a skincare program to your specific
needs. The entire line of Jan Marini Skin Research
products is available from Aesthetic Day Surgery.

#### MARILYN CASSETTA RN, BScN, CPSN (USA)



Marilyn has been spent almost her entire career working with skin: from the late 1970's the reconstructive side of plastic surgery was her focus, spending over seven years working in Burns ICU and Burn Rehabilitation and was then offered an opportunity

to move into the cosmetic area when she was selected by Collagen Biomedical (the makers of the only injectable, cosmetic filler at the time), as the USA's first Aesthetic Nurse Specialist. After working seven years with several San Francisco plastic surgeons, she and her husband sailed throughout the South Pacific, arriving in Sydney in 1992. She was given the privilege to introduce the role of Aesthetic Nurse Specialist to Australia, as the advanced technique trainer for Collagen Biomedical, training doctors and nurses throughout the USA, Australia and New Zealand.

Marilyn regularly attends educational conferences throughout the world and maintains membership with several international plastic surgery organisations.

Over the past 2 decades, Marilyn has witnessed and experienced the revolution that has taken place in non-surgical skin rejuvenation with the introduction of synthetically produced, biocompatible products, as well as, the shift in focusing primarily on wrinkle-filling to sculpting and volumising. She knows one thing will never change and that is her attention to detail and aim to achieve natural-looking results.

### GINELLE KELLY RN, DipN ScN



Ginelle Kelly, Aesthetic Nurse
Specialist, joined the team at
Aesthetic Day Surgery with a
career focused on cosmetic plastic
surgery since 1992. Previously an
operating room nurse, she assisted
many highly-regarded cosmetic and
plastic surgeons, primarily with facial

surgical procedures. This experiential background with facial anatomy helped to earn Ginelle a position at the forefront of non-surgical facial rejuvenation techniques.

She has dedicated herself to a career focused on skincare and cosmetic non-surgical procedures, providing dermal fillers, dermal stimulants, muscle relaxers, as well as combining this expertise with non-ablative laser therapy and chemical peels for pigmentation and skin rejuvenation. She also offers consultations regarding the use of the latest in skincare products. With over 20 years' experience, Ginelle has great developed a reputation for providing natural looking results with exceptional technical skills and a keen artistic approach.

Her extensive knowledge and experience in the field of cosmetic non-surgical rejuvenation is acknowledged by others, as she has been asked to be an Advanced Clinical Trainer for numerous pharmaceutical companies, training doctors and nurses throughout NSW. She regularly attend conferences and seminars throughout Australia and overseas, to maintain the cutting edge in her field.

In recent past, Ginelle was selected, along with her long-time professional colleague, Marilyn Cassetta, to participate in the Channel 7 Reality TV series "10 Years Younger in 10 Days". That series ran for 11 highly-rated episodes. They were the only Aesthetic Nurse Specialists on the series, providing complete non-surgical makeovers.

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