

The Microdermabrasion Unit

The Fast, Effective and Painless Solution For Skin Rejuvenation and Renewel

Fast and Painless Skin Rejuvenation

Treatment session is only 30 minutes in duration, is non-surgical and non-invasive treatment, and has no downtime

Effective on a Variety of Skin Conditions

A Microdermabrasion session treats age spots, acne scars, fine wrinkles and flaking skin. Microdermabrasion treatments can also reduce crows feet as well as fine lines around the face and mouth, lips and necks

Encourages Collagen Formation

During treatments, dry and flaky skin cells are removed from the surface, encouraging stimulation circulation to the skin, collagen formation and the growth of fresh, younger cells



What is Microdermabrasion?

Microdermabrasion is an intense exfoliation process to remove dead skin cells from the outer layer, known as the stratum corneum (i.e. "horny layer").

A Microdermabrasion treatment will stimulate new cell growth, collagen formation and increase circulation.

Who is suitable for Microdermabrasion?

Microdermabrasion can be used on all skin types and on areas such as the face, neck and hands. Microdermabrasion treats a variety of skin conditions including:

- Fine wrinkles
- Fine lines around the lip, face and neck
- Rough, flaky, uneven textured skin
- Blackheads and whiteheads
- Hyperpigmentation
- Age spots
- Oily skin
- Active acne
- Acne or chicken pox scars
- Enlarged pores

How is Microdermabrasion performed?

Once the skin is thoroughly cleansed, a vacuum tube is placed over the surface of the skin and moved in a continuous upward motion, whilst ultra-fine aluminium oxide crystals are sprayed over the skin. This mild abrasive action exfoliates the dead skin cells.

How long do treatments take?

Most treatments take about 30 minutes. Unlike laser resurfacing and chemical peels, the treatment is non-invasive and therefore there is no downtime for healing and recovery.

How many treatments do I need?

Depending on the skin condition, a course of 4-8 treatments is necessary to achieve the desired effects. These are usually a minimum of 2 weeks apart, as the skin needs time to regenerate.

Some people have monthly treatments as an ongoing part of maintaining optimum results.

It is also great before applying self-tanning lotions, a holiday, or a special night out.

What kind of maintenance is needed after the treatment?

Microdermabrasion is a very dehydrating procedure and it is important to follow up with proper home care. Moisturisers, masks, and vitamin supplements are recommended.

What results can you expect?

After the treatment, the skin develops a rosy glow. Your skin may feel tight and there may be some mild redness, which resolves quickly.

The results are substantially healthier and glowing skin with better tone and support.

Can Microdermabrasion be used in conjunction with other treatments?

Yes. It can be used before a facial, mask or IPL treatment to enhance effectiveness of treatments and skin care products.



Crows Feet



Lentigos (pigment spots)



Scars



Acne Scaring