

Sport Mouth Guard Care Instructions Avenue Dental

This mouth guard is intended to be worn during any sporting activity. It will reduce the risk of injury and/or tooth loss due to excessive impact. It is custom fitted to your mouth, and these few simple instructions on care and maintenance, will ensure good service.

- 1. Your mouth guard is constructed of soft plastic, and while this material will withstand clenching, it won't stand up to chewing.
- 2. Always keep your mouth guard in the container provided. In particular avoid it wrapping it in a tissue as we have found this to be the most common way mouth guards get accidentally thrown away.
- 3. For some reason sogs have a liking for these appliances; keep it away from the family pet.
- 4. After use, make sure you wash your mouth guard with soap and cold water to keep it fresh and clean.
- Mouth guards are formed by the application of heat to a performed plastic blank.
 Extreme heat will result in it becoming deformed. For example never boil your mouthguard or leave it in the glove box of your car in full sunlight.
- 6. Call us immediately if you notice the mouth guard is not fitting properly.
- For Further information please contact Avenue Dental

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HAVE FUN!

http://www.avenuedental.com.au/contact-us/