

# Steps to Reduce Your Carbon Footprint on Holiday

We help many local residents and businesses to reduce their annual carbon footprints with our waste removal and [waste recycling services](#) but it is not just when you are at home that efforts can be made to lead a more environmentally friendly lifestyle. Even when you are on holiday, you can take steps to reduce your carbon footprint without spoiling your enjoyment in any way.

## How to Have an Eco-Friendly Holiday

You don't have to stay in a mud hut and fetch your water from the local river to be environmentally conscious when you are away: follow the suggestions below and you can make a difference without any major changes to your existing holiday plans.

- **Check the Credentials of Airlines You May Wish to Use** – Some airlines have adopted greener operating policies than others, which means it is relatively easy for holidaymakers to make their feelings on climate change known with the choices they make when flying within the country and overseas. If you are driving rather than flying, it is, of course, down to you to ensure that you use the most environmentally friendly type of vehicle available to you at the time of your departure.
- **Stay in Environmentally Aware Hotels** – You can also contact hotels in the area that you plan to stay, and ask them where they stand on climate change and what they are doing to minimise their carbon footprints. Stay with an establishment that is making a real effort to operate in an eco-friendly manner and you may well encourage others to do the same.
- **Take Less with You** – The overall weight that a plane carries, or indeed any other type of vehicle, affects its fuel efficiency. With this in mind, the less luggage holidaymakers take away with them, the less fuel airlines and coach operators will use to get passengers to their destinations. Rather than indiscriminately throwing clothes into your bags to cover all eventualities, try to think carefully about what you are actually likely to wear and pack accordingly.
- **Walk and Cycle While Away** – Instead of renting a car, consider renting bicycles or walking wherever you need to go. This may be more practical in some areas than others but anything you can do to reduce the emissions resulting from your holiday activities will be a positive contribution to the global effort that is now underway.
- **Reuse Bed Linen and Bath Towels** – If you stay in a hotel, let the housekeeping staff know that it is not necessary to change your bedsheets and bath towels every single day. If you use the same ones for 3 or 4 days, you will be helping to reduce the carbon footprint of the establishment in which you are staying.

More and more people are beginning to realise that there are many things we can do to reduce the amount of [waste we produce](#) and the greenhouse emissions for which we are responsible, not just at home but when on holiday too.