

Sunshine Coast Shockwave Therapy Centre

SCSWT is part of BT Sports & Health Centres. We are conveniently located at main roads in Nambour, Bli Bli and Mudjimba.

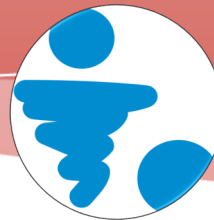
All our therapists are registered with their Association and highly qualified and experienced. Private Health Fund Rebates are available for all our services, with on the spot claiming. If you have more questions or would like to make a booking,

Call us on 5448 8755

Visit us on
btphysiotherapy.com.au
or
like us on Facebook



Our clinic is proud to be one of the most advanced and experienced Shockwave Therapy clinics nationwide. Registered with the International Society for Medical Shockwave Treatment (ISMST), our clinic carries the broadest range of treatment applicators in Queensland. This means that we can target your injury or condition with a broad range of techniques and treat at various intensities.



**SUNSHINE COAST
SHOCKWAVE THERAPY
CENTRE**

MUDJIMBA | NAMBOUR | BLI BLI

PH 5448 8755

PLANTAR FASCIITIS



**BT Sports &
Health Centre**

Mudjimba | Nambour | Bli Bli

Plantar Fasciitis

Plantar fasciitis is the most common cause of heel pain. The plantar fascia is the flat band of tissue (ligament) that connects your heel bone to your toes. It supports the arch of your foot. If you strain your plantar fascia, it gets weak, swollen, and irritated (inflamed). Then your heel or the bottom of your foot hurts when you stand or walk.

Plantar fasciitis is common in middle-aged people. It also occurs in younger people who are on their feet a lot, like athletes or soldiers.



Shockwave Therapy for Plantar Fasciitis

Breakthrough in Pain Management and Mobility Restoration

What is Shockwave Therapy (ESWT)?

Extracorporeal Shockwave Therapy (ESWT) is a **fast and effective non-invasive method of eliminating or reducing many painful conditions** of the musculoskeletal system. It uses an electro-magnetic generator to physically deliver the shock wave through the skin, into the body. It is comparable to a tiny electro-magnetic jackhammer striking the skin to create the shockwave. The high-energy acoustic waves that are transmitted through the surface of the skin are spread radially (spherically) into the body and the body responds with increased metabolic activity around the area of the pain. **This stimulates and accelerates the healing process.** ESWT has been shown to have a **70 to 90% success rate** if **all underlying issues are addressed as well.**

What are the benefits of ESWT?

- Patients can be treated on both sides at the same time, if the condition requires
- Non invasive
- Fast, safe and effective
- Decreased pain and increased function
- No incision; no risk for infection at the treatment site, no scarring
- Future treatment options are not limited

**For more info, call
BT Sports & Health Centre
Ph 5448 8755**

