



Post – Operative Instructions for Dental Implant At Avenue Dental Caloundra

The post – operative reaction varies between patients following implant surgery. However, it is normal to experience a degree of post – operative pain and swelling for 2 to 3 days. A cold pack applied to the face at the surgical area may be used to help reduce swelling.

General Instruction

Avoid the following for 48 hours after surgery (as this may stimulate bleeding):

*Hot foods

*Vigorous exercise

*Do not smoke – smoking will increase the chance of your implant failing usually with pain and infection

Chewing

Please do not chew on the operated side for the next two weeks. It is very important that no pressure is exerted on the implant by chewing, or pressure from a denture. This may lead to loosening and failure of the implant.

Pain Control

Take NUROFEN or PANADINE for the next 24 hours, or longer if necessary. Take two tablets of either Panadine or Nurofen every 6 hours. Nurofen must always be taken with food, and should not be used if you have a history of asthma, or a stomach/duodenal ulcer.

Your first dosage was at: _____

Antibiotics

Your dentist may prescribe antibiotics, please follow his directions.

Dental Hygiene

Do not brush the surgical site for the next 2 weeks, To keep the site clean, rinse with SAVACOL in the following manner:

- *First, brush, floss and/or use interdental brushes on teeth not involved in the surgery.

- *Rinse your mouth thoroughly with water to remove toothpaste residue.

- *Rinse gently in and around the surgical site with 15mls of the mouth rinse for a full 60 seconds (please time this). Do this TWICE a day for the next 2 weeks.

- * Do not rinse with water after using the mouth rinse and avoid eating or drinking for 30 minutes.

The mouth rinse may cause staining of the teeth and the top of the tongue. Staining of the teeth can be polished away.

Dentures/Removable Bridge

If a denture has been inserted after the procedure, please follow the following instructions:

- *Leave the denture /removable bridge in overnight for the next 7 days (remove denture for cleaning and when using the mouth rinse). Leaving the denture in overnight will help to protect the extraction socket and will allow you to become accustomed to wearing a denture more quickly.

- *After 7 days, the denture/ removable bridge should be left out at night and stored in water to prevent the plastic from drying out and cracking.

- * use a toothbrush and soapy water to clean the denture, particularly the side that sits against the gums.

Stitches

Any residual stitches will be removed at your post – operative appointment.

If you have any concerns, please contact Dr Stephen Dudgeon at Avenue Dental on 54911111 or after hours on mobile number 0405446759.

Your next appointment for a post – operative review is on: _____

<http://www.avenuedental.com.au/contact-us/>