

Our Services for YOU

NO REFERRAL REQUIRED

- Musculoskeletal & Sports
Physiotherapy, Rehabilitation & Fitness, Massage, Dietitian, Podiatry
- **Sports-Physiotherapy**
- **Post Surgery Rehabilitation**
- **Pre-Employment Assessment**
- **Women & Men's Health Issues**
- We see **priv. patients** with or without priv. Health Fund, **DVA, Workcover/Third Party, EPC**
- We have **purpose built and safe facilities** with easy access – no stairs, all ground level and lots of **parking**
- **No extra costs for DVA patients**
- **Highest standard for equipment** and Hygiene
- **Friendly, caring & energetic** staff and a **happy** atmosphere
- All our **therapists are fully qualified** and highly skilled and belong to their respective prof. Association
- **On the spot priv. Health Fund claims**

Call us to find
out more

Active Physiotherapy Katherine

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www.activephysiotherapykatherine.com.au

ESWT

Extracorporeal Shock Wave Therapy

Breakthrough in Pain
Management
&
Mobility Restoration



Active Physiotherapy
Katherine

Call us to make a booking:

Katherine

08 8971 2505



In short:

- Non invasive, no incision
- Stimulates and accelerates healing process
- Decreases pain, increases function
- Excellent 56-90% success rate
- On the spot refund through priv. Health Fund



Extracorporeal Shock Wave Therapy ESWT

What is Shockwave Therapy (ESWT)?

Extracorporeal Shockwave Therapy (ESWT) is a **fast and effective non-invasive method of eliminating or reducing many painful conditions** of the musculoskeletal system. It uses a pneumatic generator to physically deliver the shock wave through the skin, into the body. It is comparable to a tiny pneumatic jackhammer striking the skin to create the shockwave. The high-energy acoustic waves that are transmitted through the surface of the skin are spread radially (spherically) into the body and the body responds with increased metabolic activity around the area of the pain. **This stimulates and accelerates the healing process.**

ESWT has been shown, in the short term, to have a **56 to 90% success rate in the treatment of soft tissue disorders**, including Calcific Tendinitis of the shoulder, Plantar Fasciitis, and Tennis Elbow. Research has also shown excellent success with treatment of Heel Spurs, Achilles Tendinitis, Rotator Cuff tendinitis, Patellar Tendinitis.

What are the Benefits of ESWT?

- Non invasive
- Patients can be treated on both sides at the same time, if the condition requires
- Patients can continue their current level of activities
- Fast, safe and effective
- Decreased pain and increased function
- No incision; no risk for infection at the treatment site, no scarring
- Future treatment options are not limited

Common conditions treated with ESWT

- Plantar Fasciitis & Heel Spurs
- Elbow Pain (Tennis or Golfer's Elbow)
- Shoulder Tendinitis
- Calcific Tendinitis
- Achilles Tendinitis
- Patellar Tendinitis (Jumper's Knee)
- Carpal Tunnel Syndrome
- Trigger Points/Muscle Tension
- Chronic Neck & Back Pain
- Shin splints