#### Our Services for YOU

#### NO REFERRAL REQUIRED

- Musculoskeletal & Sports
   Physiotherapy, Rehabilitation &
   Fitness, Massage, Dietitian, Podiatry
- Sports-Physiotherapy
- Post Surgery Rehabilitation
- Pre-Employment Assessment
- Women & Men's Health Issues
- We see priv. patients with or without priv. Health Fund, DVA,
   Workcover/Third Party, EPC
- We have purpose built and safe facilities with easy access – no stairs, all ground level and lots of parking
- No extra costs for DVA patients
- Highest standard for equipment and Hygiene
- Friendly, caring & energetic staff and a happy atmosphere
- All our therapists are fully qualified and highly skilled and belong to their respective prof. Association
- On the spot priv. Health Fund claims

# Call us to find out more

#### Active Physiotherapy Katherine

3 Southgate Shopping Complex Katherine, NT 0850

ph.: 08 8971 2505

fax: 08 8971 2510

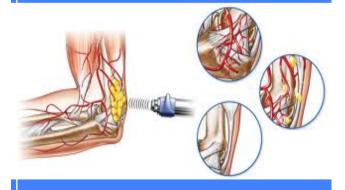


www.activephysiotherapykatherine.com.au

### **ESWT**

Extracorporeal
Shock Wave
Therapy

Breakthrough in Pain
Management
&
Mobility Restoration



Active Physiotherapy
Katherine

# Call us to make a booking:

Katherine 08 8971 2505



#### In short:

- Non invasive, no incision
- Stimulates and accelerates healing process
- Decreases pain, increases function
- Excellent 56-90% success rate
- On the spot refund through priv.
   Health Fund



### Extracorporeal Shock Wave Therapy ESWT

## What is Shockwave Therapy (ESWT)?

Extracorporeal Shockwave Therapy (ESWT) is a fast and effective non-invasive method of eliminating or reducing many painful conditions of the musculoskeletal system. It uses a pneumatic generator to physically deliver the shock wave through the skin, into the body. It is comparable to a tiny pneumatic jackhammer striking the skin to create the shockwave. The high-energy acoustic waves that are transmitted through the surface of the skin are spread radially (spherically) into the body and the body responds with increased metabolic activity around the area of the pain. This stimulates and accelerates the healing process.

ESWT has been shown, in the short term, to have a **56 to 90% success rate in the treatment of soft tissue disorders**, including Calcific Tendinitis of the shoulder, Plantar Fasciitis, and Tennis Elbow. Research has also shown excellent success with treatment of Heel Spurs, Achilles Tendinitis, Rotator Cuff tendinitis, Patellar Tendinitis.

### What are the Benefits of ESWT?

- Non invasive
- Patients can be treated on both sides at the same time, if the condition requires
- Patients can continue their current level of activities
- Fast, safe and effective
- Decreased pain and increased function
- No incision; no risk for infection at the treatment site, no scarring
- Future treatment options are not limited

### Common conditions treated with ESWT

- Plantar Fasciitis & Heel Spurs
- Elbow Pain (Tennis or Golfer's Elbow)
- Shoulder Tendinitis
- Calcific Tendinitis
- Achilles Tendinitis
- Patellar Tendinitis (Jumper's Knee)
- Carpal Tunnel Syndrome
- Trigger Points/Muscle Tension
- Chronic Neck & Back Pain
- Shin splints