

Thick hair, it can be a nightmare to manage and style. Thankfully, there are ways to manage and style thick hair without adding hours to your routine!

-Firstly, remember two smaller shampoos are better than one big one! Be sure to check out our thick hair smoothing range to help control your locks!

-Avoid washing your hair every day, your natural oils will help keep your thick hair smooth, resulting in less work for yourself! Washing your hair too often can also add to the dryness of your hair, which you will want to avoid.

-If you straighten your hair, make sure you are always using a heat protector; this will help protect your hair from the heat and help to keep your thick hair smooth! Ask us which heat-protecting product would be best for your lifestyle.

-Make sure you are using the right conditioner; thick hair needs to be tamed. Again, we recommend our smoothing range.

-Before bed try to either plait your hair or tie it in a low ponytail, this will help to keep your hair smooth over night

-Using a satin pillowslip can help prevent tangles and unlike cottons will not absorb the moisture. You need moisture left in your hair so it does not dry out and go frizzy.

-If you haven't already discovered our Keratin Smoothing Treatment, then ask us! This is a service we offer to those clients that want manageable hair with less effort. Smoothing Treatments can improve the condition of your hair, smoothing the cuticle, eliminating frizz, reduces styling time, and gives instant manageability.