

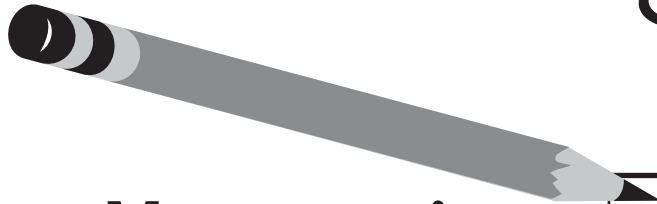
# MOVING HOME

A Journal for Children



**ALLIED  
PICKFORDS**  
The Careful Movers™

HELLO

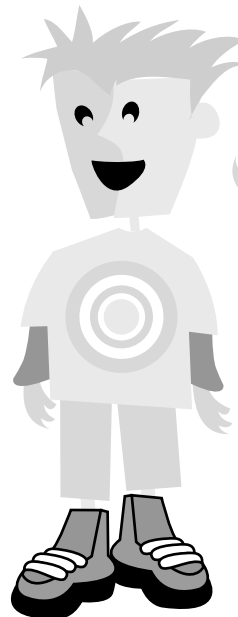
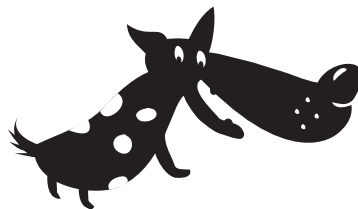


My name is...

My **eye** colour is \_\_\_\_\_

I am \_\_\_\_\_ years old.

My **hair** colour is...



PETER



EMILY



# I have the following people in my family:

write your family members here

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## I used to live at:

\_\_\_\_\_

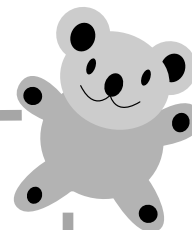
\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



write your old address here

## Now I am moving to:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

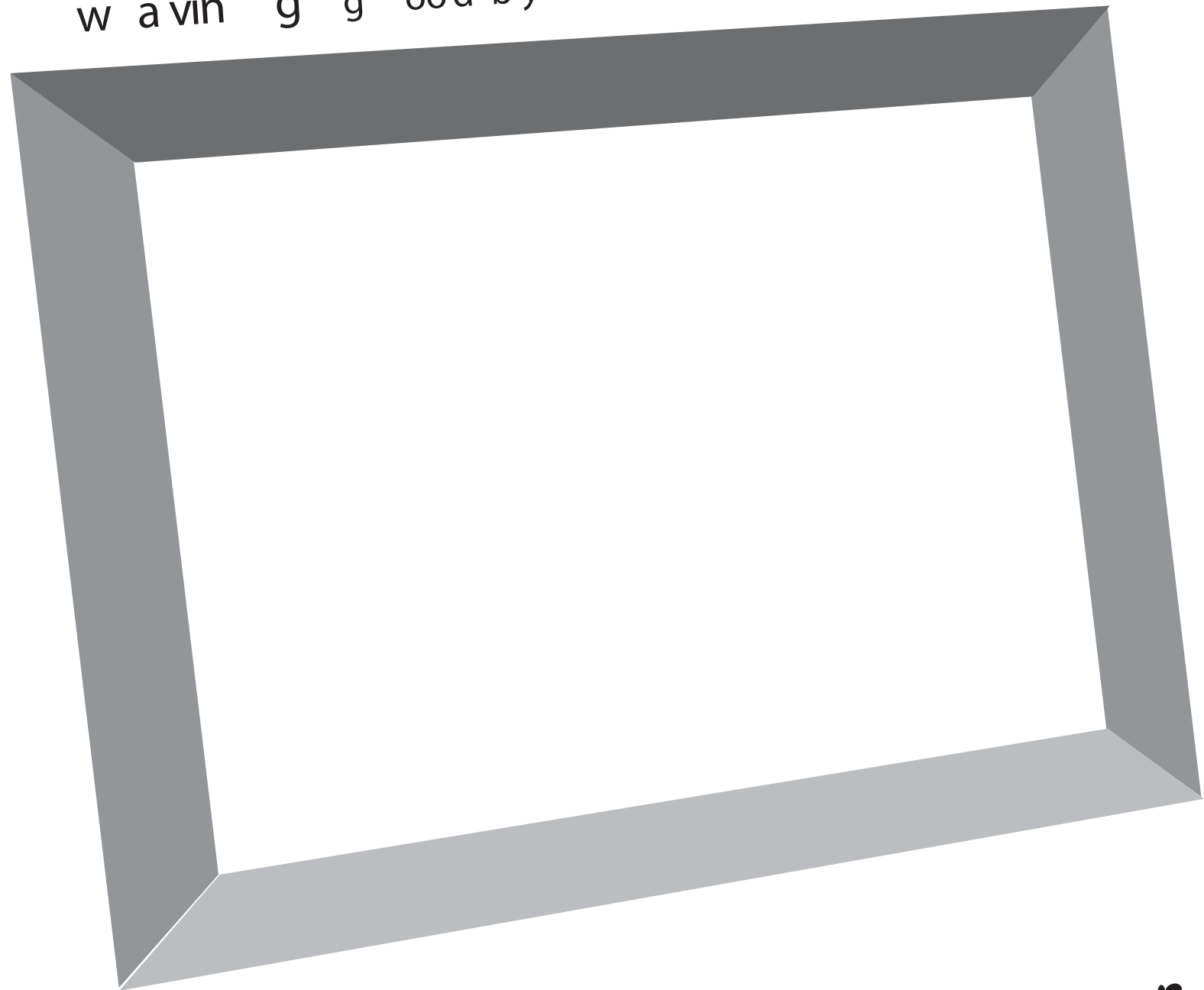
\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

write your new address here

Draw you and your family  
waving goodbye outside your old house.



Moving home is a very **big event** in everyone's life.  
Moving is a **very exciting** time but it can also be full of many  
**new** and unknown things.

Write down what you  
know **about your**  
new home:

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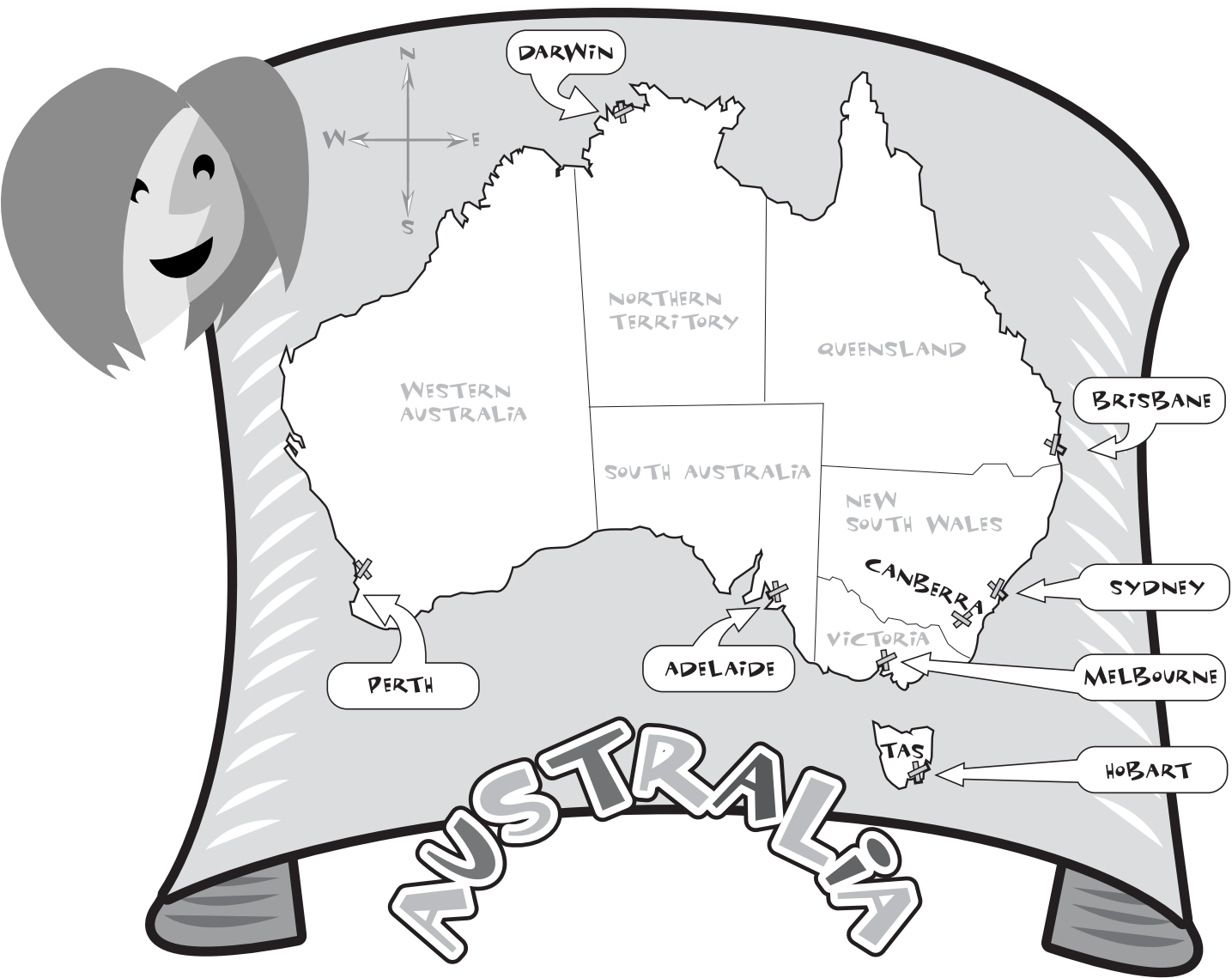
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**JoE**

**ALLIED  
PICKFORDS**



- 1 Where on the map of Australia do you live?  
Mark it with a red circle.
- 2 Where on the map are you moving to? Mark it with a red circle .
- 3 Draw a straight line from one circle to the other.
- 4 Can you find out how far it is from your old home to your new home?  
..... Kilometres

# FRIENDS

**Good friends are for life.**

*They will want to hear all about your new home.  
Who are you going to write to or call?*

**Name:** .....

**Address:** .....

**Phone:** .....

**Email:** .....

**Name:** .....

**Address:** .....

**Phone:** .....

**Email:** .....

**Name:** .....

**Address:** .....

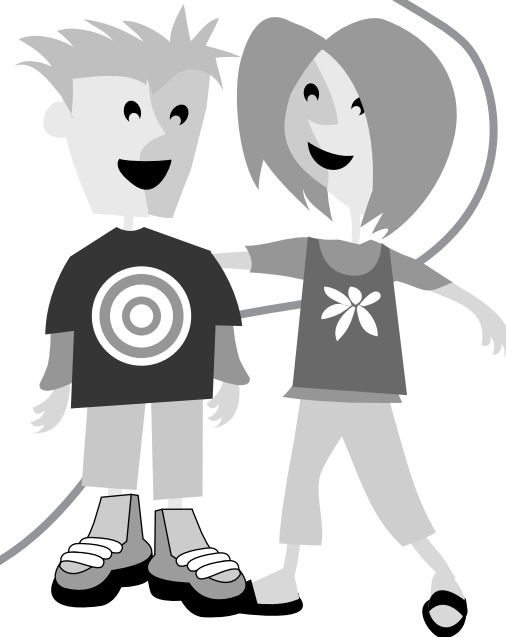
**Phone:** .....

**Email:** .....

**Try to organise a 'ME-TOO'  
day with your old friends.**

Have them wear the same clothes or  
do the same things as you on the  
same day!

*Draw a picture  
of your  
best friend*



# When you move, you will make new friends.

Write the names of your new friends as you meet them.

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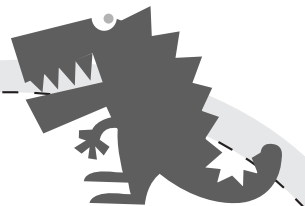
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Draw or list down what you like to do the most with your friends

## Word Search

Put a circle around the activities you will be able to do with your new friends.

JOGGING

SKATEBOARDING

BASKETBALL

FOOTBALL

KITE FLYING

TENNIS

BIKE RIDING

DRAWING

PAINTING

SWIMMING

VOLLEYBALL

NETBALL

FISHING

ROLLERBLADING

CARDS



B	A	S	K	E	T	B	A	L	L	G	N	I	G	G	O	J	N
T	R	I	C	G	A	M	E	S	C	Q	D	F	R	O	S	P	A
F	O	O	L	D	R	A	W	I	N	G	I	W	N	T	X	Y	Z
G	L	D	X	B	P	W	R	G	N	I	Y	L	F	E	T	I	K
N	L	M	F	L	G	H	L	L	A	B	T	O	O	F	N	O	V
I	E	O	S	Z	A	V	U	M	F	O	O	G	G	L	R	T	C
D	R	S	N	W	O	S	D	R	A	C	F	N	N	T	G	F	O
R	B	I	F	R	I	Z	S	U	O	D	E	I	E	I	N	A	M
A	L	N	A	K	O	M	Z	V	M	X	M	D	K	G	I	S	P
O	A	N	S	T	J	Y	M	T	H	A	T	R	J	O	H	T	U
B	D	E	C	A	R	S	E	I	H	E	L	A	N	Y	S	O	T
E	I	T	O	X	H	U	D	Z	N	O	Y	O	Q	W	I	Q	E
T	N	O	P	A	I	N	T	I	N	G	X	B	O	U	F	U	R
A	G	E	P	E	N	S	I	V	O	L	L	E	Y	B	A	L	L
K	W	S	K	I	P	P	I	N	G	E	R	T	I	V	J	K	A
S	N	E	T	B	A	L	L	G	H	G	F	A	I	W	H	E	N
G	N	I	D	I	R	E	K	I	B	H	E	K	P	H	A	V	E
C	O	L	O	U	R	I	N	G	I	N	O	S	O	Z	A	B	O

Can you find any other words missing from the list above?





**"LET'S  
SHARE  
OUR  
ADVENTURE  
TOGETHER!"**

What are you going to bring  
with you as you travel to your  
new home?

Draw or write  
what you'll take  
with you.

**SHANE**



COLOUR  
IN



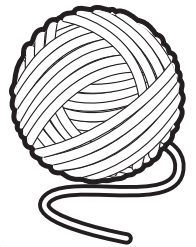
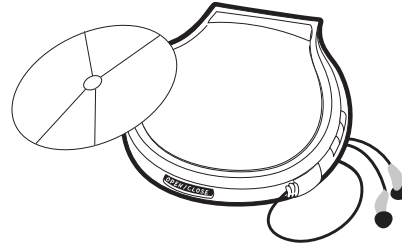
"WHAT'S  
SO  
FUNNY?"



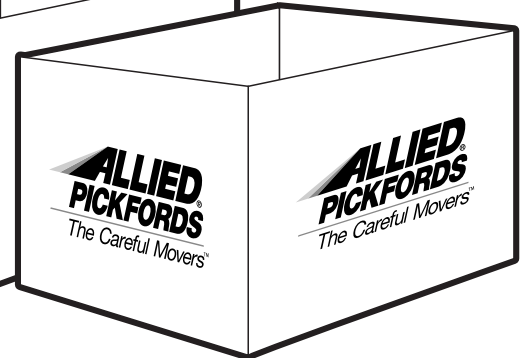
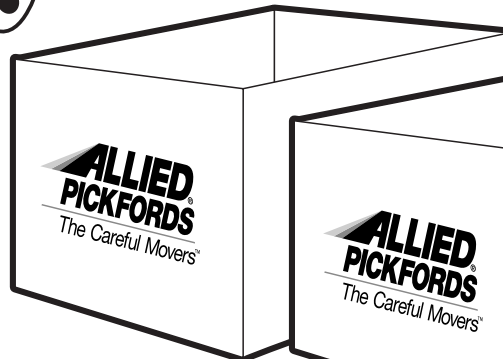
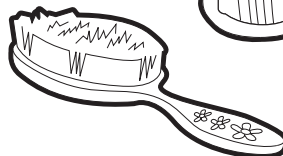
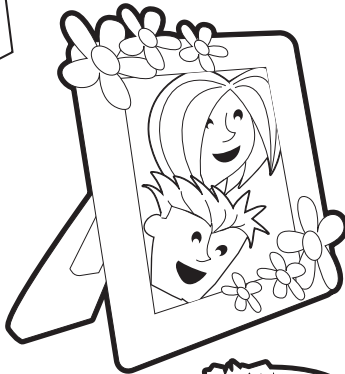
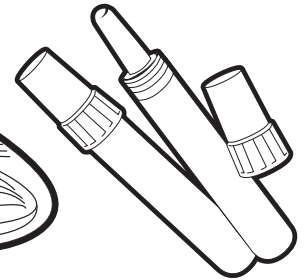
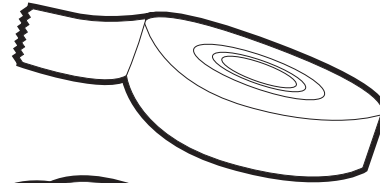
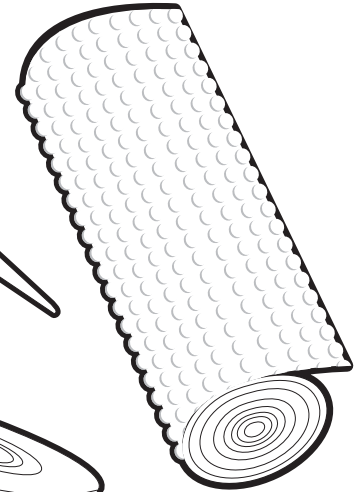
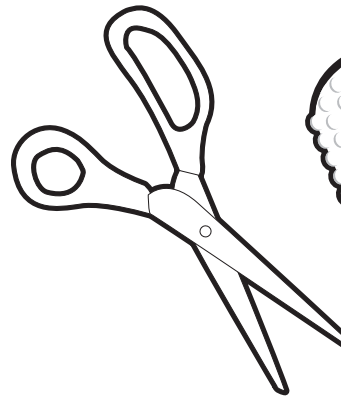
COLOUR IN

the things

you will need when  
packing to move home



- ☐ scissors
- ☐ box
- ☐ tape
- ☐ paper
- ☐ bubble wrap
- ☐ string
- ☐ texas
- ☐ bag
- ☐ shampoo
- ☐ picture frame
- ☐ hair brush
- ☐ CD player
- ☐ teddy
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_



Can you think of other items you will use when you move home?  
Add them to the list.



# City Search

There are many different  
cities in Australia.

See if you can find them all in this word search.

Melbourne

Sydney

Brisbane

Perth

Adelaide

Broome

Newcastle

Darwin

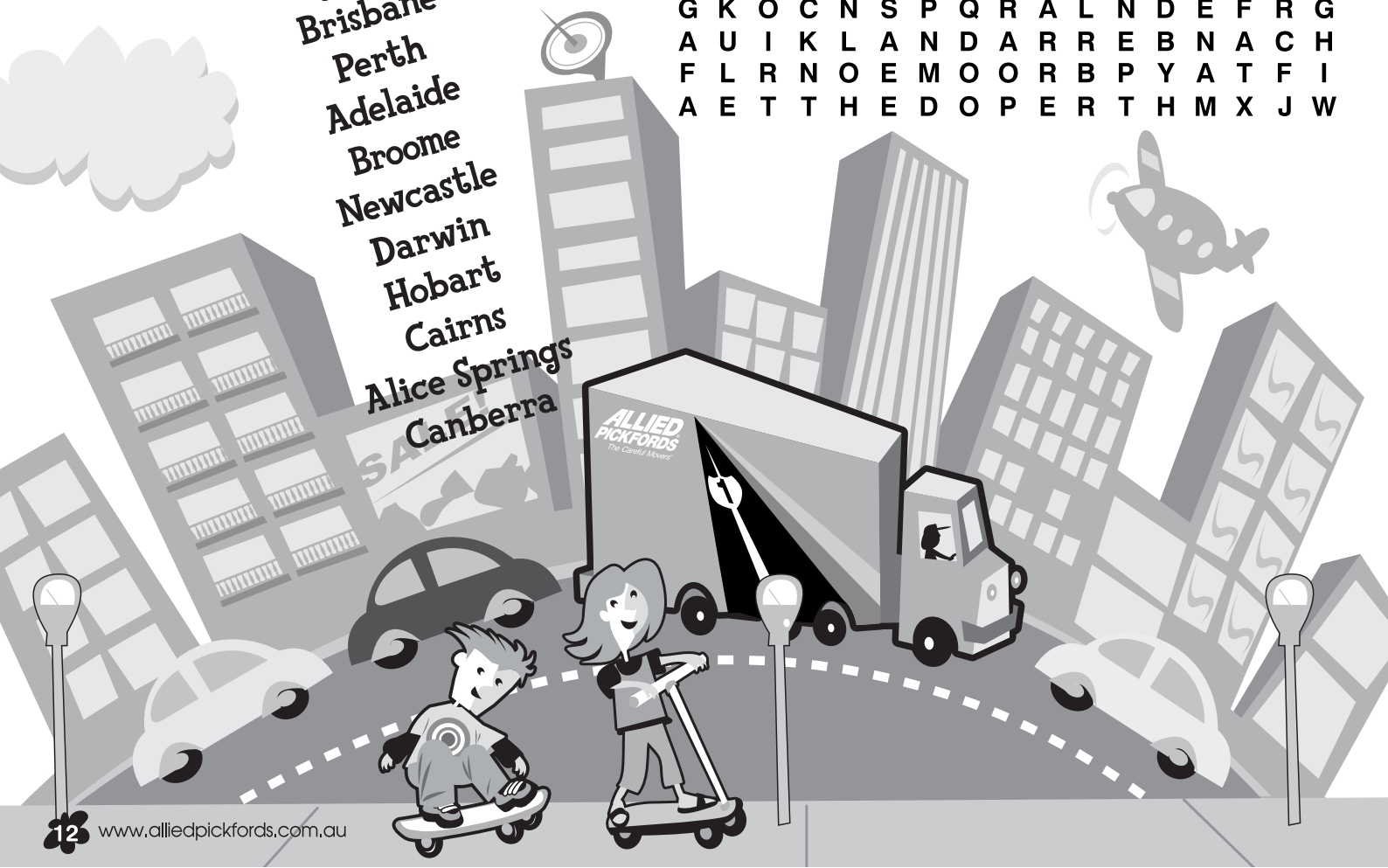
Hobart

Cairns

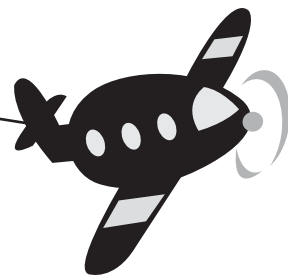
Alice Springs

Canberra

S	Y	O	E	N	R	U	O	B	L	E	M	P	I	M	B	K
Y	E	S	M	T	E	B	K	F	R	Q	Y	S	R	C	C	V
D	B	D	Q	U	S	E	I	A	R	X	E	P	I	F	B	R
N	O	I	C	N	E	W	C	A	S	T	L	E	L	L	H	Z
E	N	C	M	N	O	A	O	U	Z	C	P	Q	H	Y	P	Q
Y	Q	O	Z	A	L	K	G	Z	F	Q	A	C	O	W	A	C
A	R	M	V	Y	X	W	E	N	A	B	S	I	R	B	Y	Z
U	P	L	C	T	U	T	H	E	S	G	H	O	B	A	R	T
H	D	A	R	W	I	N	I	J	N	V	C	A	N	M	Q	D
S	W	O	L	Z	A	N	B	I	O	I	X	C	E	S	L	E
Z	G	O	Y	Q	W	M	R	D	S	G	Z	I	D	A	N	D
Y	G	H	R	F	A	P	O	I	N	H	H	J	I	F	K	U
I	A	N	W	F	S	Y	E	T	R	E	O	A	A	Y	K	L
L	K	J	I	E	W	E	S	T	I	R	N	Q	L	B	E	V
G	K	O	C	N	S	P	Q	R	A	L	N	D	E	F	R	G
A	U	I	K	L	A	N	D	A	R	R	E	B	N	A	C	H
F	L	R	N	O	E	M	O	O	R	B	P	Y	A	T	F	I
A	E	T	T	H	E	D	O	P	E	R	T	H	M	X	J	W



# TRAVEL LOG



Today I travelled \_\_\_\_\_ Kilometres

It was very exciting. I travelled by \_\_\_\_\_



I travelled with my \_\_\_\_\_

The most interesting thing I saw today was \_\_\_\_\_

The most fun thing I did today was \_\_\_\_\_

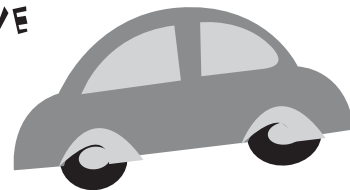
The funniest thing that happened whilst we were travelling was \_\_\_\_\_

On my trip these are the games I played: \_\_\_\_\_



TAKE SOME PHOTOS OF YOUR MOVE  
AND OF YOUR NEW  
NEIGHBOURHOOD,

ADD THEM TO YOUR MOVING ALBUM.



Have you travelled before?

Where have you gone?

Where do you want to go?

Been there \_\_\_\_\_

Done that \_\_\_\_\_

Want to go \_\_\_\_\_

# NEIGHBOURHOODS

The area where we live is called a neighbourhood. Our neighbourhood is full of many places we visit and people we see.

Write down places and people you visit in your current neighbourhood.

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TAKE SOME PHOTOS OF YOUR OLD NEIGHBOURHOOD AND START A MOVING ALBUM, A SCRAP BOOK OF YOUR MEMORIES.

When you move, you will have many new people to meet and places to see, especially if you move far away from where you live now. It will take time to discover your new neighbourhood.

Write down the names and contact details of the following places and people in your new neighbourhood. They might come in handy in the future.

Doctor \_\_\_\_\_

Chemist \_\_\_\_\_

Dentist \_\_\_\_\_

School \_\_\_\_\_

Teacher \_\_\_\_\_

Neighbours \_\_\_\_\_

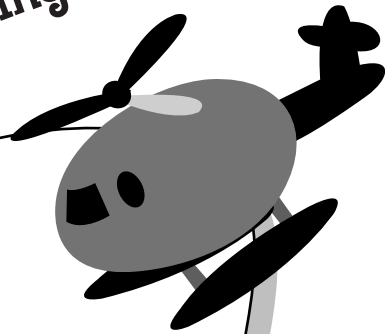
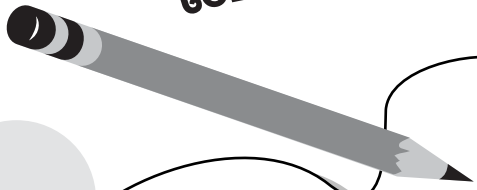
Library \_\_\_\_\_

Local shop \_\_\_\_\_

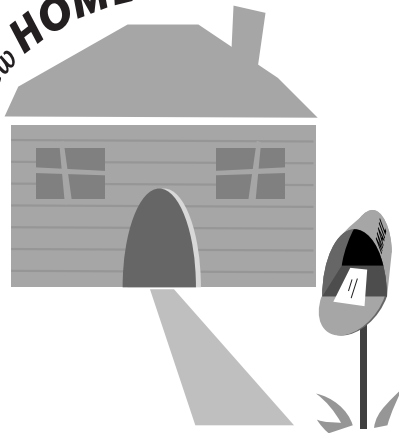
Police \_\_\_\_\_

Park \_\_\_\_\_

Draw and colour a street map of yourself playing in your new town, include what you've discovered.

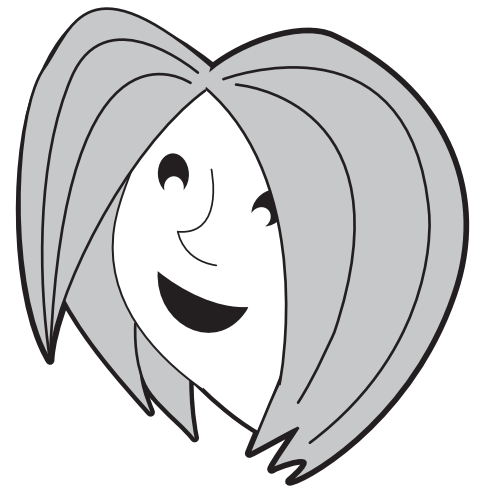


My new **HOME**









**Circle or list  
the things that  
appear in your  
new bed room.**

**Take a look around.  
See what you can find.**



# SOMEPLACE NEW

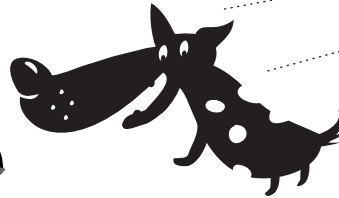
Now that you're  
someplace new, what is different and what  
is the same as before?

What is different?

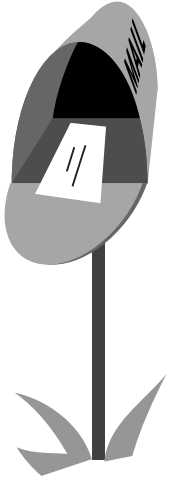
What is the same?



Can you find  
what is different  
about  
**Shane**  
in his  
reflection?

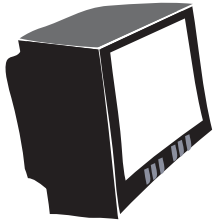


# IN MY NEW HOME



What's your new address? \_\_\_\_\_

\_\_\_\_\_ What is your new  
telephone number? \_\_\_\_\_

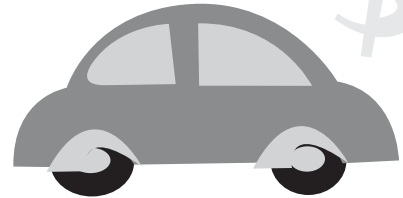


What is your favourite new TV Show?  
\_\_\_\_\_

How much do movie tickets cost  
at your new cinema? \_\_\_\_\_



What's the coolest car to drive?  
\_\_\_\_\_



What new food have you eaten so far? \_\_\_\_\_

What kind of \_\_\_\_\_ music do you like  
to listen to?



What's the most popular sport to play?  
\_\_\_\_\_



What is a new fun place you like to go to? \_\_\_\_\_

What do you like best about your new home?  
\_\_\_\_\_





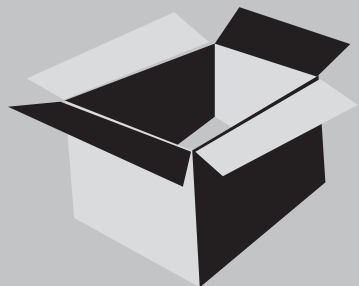
**Moving home** can make us feel  
unsure about new things and new people.

**These activities may help:**

*Write down how you feel.*

Make a  
**MOVING  
ALBUM**, a  
scrap book with  
all your photos  
and treasures.

**WRITE A STORY  
ABOUT YOUR MOVE.**



Make up a story about  
**'Teddy's Moving Day!'**

Send tapes to  
your **FRIENDS** telling  
them how you are.

Scan in photos of your  
**NEW** neighbourhood and  
email these to your friends.



For further information on things you can do to help ease the transition for your children, you might examine the following books:

Judith Viorst, [Alexander, Who's Not \(I Mean It\) Going To Move](#)

Jacqueline McQuade, [Moving House With Teddy Bear](#)

Thomas E. Olkowski, Ph.D., [Moving With Children, A Parent's Guide](#)

Gabriel Davis, [The Moving Book, A Kid's Survival Guide](#)

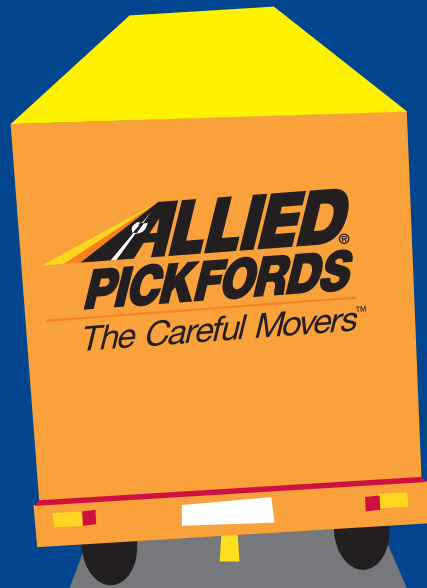
Illustrator - Susan Dennen

Cynthia MacGregor, [Why Do We Have To Move? Helping Your Child Adjust - With Love And Illustrations](#)

Illustrator - David Clark

Stan and Jan Berenstain, [The Berenstain Bears' Moving Day](#)





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