

1. Are you aware of acid wear?

Have you noticed a change in the shape, texture or appearance of your teeth? Do your teeth appear to have lost their 'brightness' or more 'transparent'? Many foods and drinks in our modern diet – including fruit, wine and soda (even sugar-free) - contain sugar. When acid comes in to contact with our teeth, it temporarily softens the hard enamel surface. During brushing and eating, the softened enamel can become thinner and worn away more easily. This wearing away of the tooth enamel can be a sign of acid erosion.

If you are concerned about acid wear on your teeth, come in to visit the team at Divine Dental for advice on treatment and specialised products.

2. Cosmetic Composite Veneers

Have you been considering veneers, but worried about the cost?

Composite bonded veneers are a cost effective option to rejuvenate teeth with discoloration, chips and improve the tooth shape.

Advantages: Easy to repair if chipped, only one visit is usually needed, cheaper than porcelain veneers.

Disadvantages: Bonding materials are not as strong as porcelain and are more prone to chipping, can require more maintenance than composite veneers.

3. Mouthguards

Do you, a child or loved one play contact sport? One of the most cost effective ways of decreasing the risks of dental injury caused by contact sport is to wear a custom-made mouthguard. A custom-made, professionally fitted mouthguard ensure a high level of comfort and protection. As well as offering good retention and comfort, the multi-layered laminate gives extra protection against injury to the lips, teeth and jaw.

4. Implants for denture retention

Do you have a loose denture? Are you having trouble eating with your dentures? Modern implant systems have been developed for use in areas with soft, low and narrow bone caused by tooth loss. An implant can be used to help stabilise a loose denture, which in turn will increase comfort by eliminating rubbing and ulceration. Using the latest systems allows us to choose the type of fitting required for your needs, reducing the cost for replacement parts in the future.

5. Children's Dental Benefit Scheme

As of the beginning of 2014, Medicare Australia (Human Services) has started a financial support system for dental care of children aged 2 – 17 years. Eligibility for the scheme is determined by the child's age, eligibility for Medicare, and receiving/entitled to appropriate payment. This scheme entitles each child to access up to \$1000 of dental treatment over two consecutive calendar years, services covered include; exams, x-rays, cleaning, fissure seals and fillings, root canals, and extractions. For more information on this scheme and eligibility please visit

<http://www.humanservices.gov.au/customer/services/medicare/child-dental-benefits-schedule>.

6. Bonded Bridge

Missing teeth are not only detrimental to our self-esteem but can also cause more complicated and expensive dental problems in the future. Implants and porcelain bridges may either be an unfavourable option or too expensive at the time you need them; in these cases a bonded composite bridge may be suitable. Just like any bridge the idea is to close the gap where your tooth is missing, with the benefit of cost effectiveness and quicker turnaround time to achieve the end result. Modern dentistry allows us to essentially 'glue' the bridge in place with

no destruction to surrounding teeth, and can even be reinforced using modern glass-fibre technology.

